

opponent, wrestlers would make a more conscious effort to keep the action of their match within the circle. These are two rules that I feel would have a positive impact on our sport.

In conclusion, the sport of wrestling is at a crossroads. While colleges and high schools continue to drop programs, far more are currently working to add the sport to their extra-curricular activities. We can help promote and encourage participation in wrestling by retaining more youth wrestlers, focusing on growing our sport at the local level with home dual meets, and implementing wrestling-specific rules which make wrestling more enjoyable for the fan. Wrestling is the oldest and greatest sport in the world. It is up to us to make sure it continues to flourish.