

Stroudsburg Mountaineer Fall Duals
Hosted by Stroudsburg Wrestling Club
\$350 per team (first 10 teams) –Guaranteed 4-5 Matches
Two Pools of 5
Wrestling on 5 Mats

When: Saturday October 14, 2017
Satellite Weigh ins
Wrestling Starts @ 9:00 AM

Where: Stroudsburg High School
1100 Main Street
Stroudsburg, PA 18360

Eligibility: Grades 7-12 as of 2017-2018 school year

Weight Classes: 108-115-122-128-134-141-149-157-165-175-195-285

- Each Team is required to provide two table workers

Periods: One four minute period (Ohio Tournament of Champions rules) w/ 1 minute sudden death followed by one 30 ride-out decided by first points scored.

For additional information please contact:

Sean Richmond

Head Coach

Stroudsburg High School

srichmond@sburg.org

Please checks out to:
Stroudsburg Wrestling Club
267 East Wilkes Barre St
Easton, PA 18042

Team Name: _____

Coach:

Location:

Coach Phone:

Coach Email:

	<u>Weight</u>	<u>Grade</u>	<u>Name</u>	<u>Record</u>	<u>Credentials</u>
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