

Stroudsburg Mountaineer Spring Duals
Hosted by Stroudsburg Wrestling Club
\$400 per team (first 10 teams) –Guaranteed 5 Matches
Two Pools of 5
Wrestling on 5 Mats

When: Saturday May, 6th 2017 (Entry Due: April 29, 2017)
Satellite Weigh ins
Wrestling Starts @ 9:00 AM

Where: Stroudsburg High School
1100 Main Street
Stroudsburg, PA 18360

Eligibility: Grades 7-12 as of 2013-2014 school year

Weight Classes: 90-100-110-118-126-134-141-149-157-165-
174-190-205-285

- Each Team is required to provide two table workers

Periods: One four minute period (Ohio Tournament of Champions rules) w/ 1 minute sudden death followed by one 30 ride-out decided by first points scored.

For additional information please contact:

Sean Richmond
Head Coach
Stroudsburg High School
wrestling@sburg.org

Please checks out to:
Sean Richmond
267 East Wilkes Barre St
Easton, PA 18042

Team Name: _____

Coach:

Location:

Coach Phone:

Coach Email:

	<u>Weight</u>	<u>Grade</u>	<u>Name</u>	<u>Record</u>	<u>Credentials</u>
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					